

# Meet Our Founder - Sandtrice Russell, LPC, NCC, MS



Sandtrice D. Russell is a Licensed Mental Health Professional with 15 years of clinical experience working with children and adolescents with emotional and behavioral problems and adults with Severe and Persistent Mental Illness (SPMI) & co-morbid Chemical Dependency disorders. Ms. Russell graduated Summa Cum Laude from the University of West Georgia in 2004 with a Bachelor of Arts Degree in Humanistic Psychology.

Upon graduating from West Georgia, She began working with youth at several Residential Treatment facilities to include: KidsPeace, Inner Harbour, and Kiya House, Inc. Ms. Russell spent three years of her career working with Juvenile Sex Offenders at The Center for Creative Growth and Human Development, in LaGrange, Georgia, before returning to academia in order to pursue a Master's Degree in Clinical Mental Health Counseling, which she obtained in December of 2012 from Troy State University in Phenix City, Alabama. Ms. Russell worked as a Counseling Intern at the Pastoral Institute in Columbus, Georgia, while also serving as an Instructor/Case Manager for Paxen Learning Corporation, a GED/Career Development Program in Griffin, Georgia.

She currently works as a Crisis Responder for the Department of Veteran's Affairs, does PRN work as a Crisis Counselor at The Bradley Center of St. Francis Hospital in Columbus, Georgia, and provides individual and couple's counseling via the Better Help platform. Ms. Russell has a passion for working with others and empowering them to prosper on their life journey. She specializes in life coaching, financial counseling, clinical risk assessment, crisis management, and Reality Therapy, a Cognitive Behavioral Therapy modality.

Ms. Russell has a passion for working with members of the LGBT population and has received specialized training for working with the unique issues faced by this dynamic group of people. Sandtrice is a member of Psi Chi, Phi Kappa Phi, and the American Counseling Association. She is also a National Certified Counselor and Licensed Professional Counselor in the State of Georgia.

